



## Satya Narayana Vratam (Puja)

### Required Materials

Name	Quantity
Turmeric Powder	1/4 lb
Kumkum	1 Packet
Sandal Wood Paste/Powder	1 Packet
Agar Bathi(Incense Sticks)	1 Packet
Camphor	1 Packet
Beetle Leaves and Nuts	Approx. 30
Flowers	4 Bunches
Fruits	12 Bananas and 5 other Varieties
Coconuts	7
Rice	4 lb
Kalasa Vasthram	1 Towel or 1 Blouse Piece
Milk	1/4 Gallon
Yogurt	1 Cup
Honey	1 Small Bottle
Ghee	1/2 lb
Sugar	1 Packet
Dates (Karjur)	1 Packet
Coins (Quarters)	20
Prasadam	Rava Kesari

**Navadhanya ( 9 Grains ) 1/4 lb of each explained in each of the following languages**

English	Kannada	Telugu	Tamil
Wheat	Suji Godi	Godumulu	Goduma
Rice	Akki	Beeyamu	Arisi
Thoor Dal	Thogari Bele	Kandi Pappu	Thuvaram Paruppu
Moong Dal	Hesaru Bele	Peraru Pappu	Pasi Paruppu
Chana Dal	Kaddale	Senagalu	Kondai Kadala

Rajma	Aura Bele	Chikudu Pappu	Mochha Kottai
Sesame	Yeilu	Nuvullu	Yellu
Urud Dal	Uddin Bele	Nalla Minumulu	Pappu Ulutham
Horse Gram	Hurli	Ullavalu	Kollu

**Other Puja Materials from Home:**

- Satya Narayana Swami Picture
- Deepam (Lamp)/Oil for Deepam/Match Box/Cotton Wick for Deepam
- Kalasam
- Panchapathra Udharini
- Small Trays 2, Big Trays 2, Small Cups 5
- Asirvada New Dresses
- Blankets 2 (For Guest Seating purposes)
- Paper Towels, Paper Plates (Sufficient Quantities)