



## Chowla Upanayanam (Thread Ceremony)

### Required Materials

Name	Quantity
Turmeric powder	1/4 Lb
Kumkum	1 Packet
Sandalwood Paste /Powder	1 Packet
Incesense Sticks (Agarbathi)	1 Packet
Camphor	1 Packet
Betel Leaves and Nuts	10 +10
Flowers	2 Bunches
Garlands (Special)	1
Fruits	12 Bananas and Other Fruits
Coconuts	4
Rice	4 lbs
Kalasa Vastram	1 Towel or 2 Yards fabric
Honey	1 Small bottle
Ghee	1 Lb
Coins (quarters)	20
Sugar	1 Packet
Sugar Candy (Kalakanda )	1 Packet
New Dhoti	2 ( 1 Pair )
Dry Coconut (Whole )	1
New Utensil (Small or Medium Size)	1
Jandhyam/Yagnopaveetham (Either Gold or Silver)	3 Strands
Scissors	1

### For Telugu Sampradayam

- Jilakara/Bellam

### For Tamil Sampradayam

- Paruppu Thenga

**Other Puja Materials from Home:**

- Deepam ( Lamp ), Oil, Match Box, Cotton Wicks
- Kalasam, Panchapatra and Uddhrini
- Small Trays 2 nos., Big Trays 2 nos., Small Cups 5 nos.
- Asirvada New Dresses, Blankets 2 Nos. (For Guest Seating )
- Paper Napkins and Paper Plates (sufficient quantities)